

MENUS FOR JULY 2008

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
JUNE 30 Baked Tilapia Mashed Potato Peas 4 Bean Salad Wheat Bread Peaches Milk	1 Hawaiian Chicken Brown Rice Green Beans Carrot Salad Wheat Bread Fresh Fruit Milk	2 Roast Beef w\ Gravy Baked Potato Corn Spinach Salad Wheat Bread Cookie Milk	3 <u>4TH OF JULY BBQ</u> Hamburger On a Bun Baked Beans Cole Slaw Watermelon Milk	4 INDEPENDENCE DAY HOLIDAY ALL CENTERS CLOSED
7 Swedish Meatballs Noodles Italian Veggies 4 Bean Salad Wheat Bread Peaches Milk	8 Vegetable Soup Polynesian Chicken Salad Dinner Roll Ice Cream Milk	9 Chicken Noodle Soup BBQ Pork Sandwich Mixed Vegetable Fresh Fruit Milk	10 Chicken Jambalaya Brown Rice Broccoli Mixed Greens French Bread Canned Plums Milk	11 Salisbury Steak Mashed Potato Carrots Cole Slaw Wheat Bread Fruit Cocktail Milk
14 Orange Glazed Chicken Rice Pilaf Brussel Sprouts Black Eyed Peas Salad Wheat Bread Fruit Compote Milk	15 Meat Lasagna Green Beans Carrot Salad Garlic Bread Mandarin Oranges Milk	16 Baked Fish w\ Spanish Sauce Mashed Potato Winter Squash Green Salad Wheat Bread Cookie Milk	17 Pork Roast <i>OR</i> Crispy Fish Sweet Potato Cauliflower Cole Slaw Wheat Bread Applesauce Milk	18 Tomato Soup Mini Submarine Sandwich Lettuce, Tomato Fresh Fruit Milk
21 Meatloaf w\ Spanish Sauce Mashed Potato Squash Romaine Salad Wheat Bread Fruit Cocktail Milk	22 Chicken Tostada Spanish Rice Black Beans Lettuce & Tomatoes Fresh Fruit Milk	23 Macaroni & Cheese Peas & Carrots Broccoli Slaw Wheat Bread Canned Peaches Milk	24 <u>LUAU</u> Hawaiian Chicken Rice Pilaf Broccoli Orange Gelatin w\ Pineapple Coconut Custard Milk	25 Tomato Soup Crispy Chicken Baked Potato Carrots Wheat Bread Fruited Gelatin Milk
28 Cabbage Roll Noodles Mixed Veggies Romaine Salad Wheat Bread Fruit Compote Milk	29 Chicken Taco Fettuccine Spinach Beet Salad Wheat Bread Mand. Oranges & Pineapple Milk	30 Beef Enchilada Casserole Black Beans Broccoli Mediterranean Salad Wheat Bread Canned Pears Milk	31 Roast Turkey w\ Gravy Sweet Potato Brussel Sprouts Caesar Salad Rye Bread Ice Cream Milk	AUG. 1 Split Pea Soup & Crackers Tuna Salad Potato Salad Cole Slaw Dinner Roll Fresh Fruit Milk

MENUS SUBJECT TO CHANGE WITHOUT NOTICE