

MENUS FOR MARCH 2010

APRIL MENU ON OTHER SIDE

(OVER)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Swedish Meatballs Noodles Red Cabbage Bean Salad Wheat Bread Canned Plums Milk	2 Meat Loaf w\ Gravy Red Potatoes Italian Veggies Salad w\ Cranberries Wheat Bread Fruited Gelatin Milk	3 Moroccan Chicken Brown Rice Spinach Cole Slaw Corn Bread Fruit Compote Milk	4 Celery Soup Crackers Mini Submarine Sandwich Lettuce & Tomatoes Applesauce Milk	5 Chicken Noodle Soup Crackers Baked Fish w\ Spanish Sauce Mashed Potato Fresh Fruit Milk
8 Hawaiian Chicken Brown Rice Green Beans Carrot Salad Wheat Bread Canned Peaches Milk	9 Minestrone Soup Roast Beef Baked Potato Carrots Crackers Fruited Gelatin Milk	10 Broccoli Soup Pork Burrito <i>OR</i> Crispy Fish Spanish Rice Corn Crackers Mand. Oranges & Pineapple Milk	11 Chicken Parmesan Spaghetti Cauliflower Spinach Salad Garlic Bread Canned Apricots Milk	12 Baked Tilapia Mashed Potato Green Peas Cole Slaw Wheat Bread Fresh Fruit Milk
15 Vegetable Soup Crackers BBQ Pork Sandwich Italian Veggies Canned Plums Milk	16 Italian Meatballs Spaghetti Mixed Veggies Broccoli Slaw French Bread Fresh Fruit Milk	17 <u>ST. PATRICK'S DAY</u> Cabbage Soup Beef Stew Red Potatoes Rye Bread Cake Milk	18 Salisbury Steak Mashed Potato Peas Green Salad Wheat Bread Fruit Cocktail Milk	19 Baked Tilapia Rice Pilaf Italian Veggies Cole Slaw Wheat Bread Cookies Milk
22 Orange Glazed Chicken Brown Rice Mixed Veggies Cole Slaw w\ Pineapple Wheat Bread Fruit Compote Milk	23 Pork Roast <i>OR</i> Crispy Fish Sweet Potato Cauliflower Green Salad Wheat Bread Applesauce Milk	24 Chicken Noodle Soup Crackers Mini Submarine Sandwich Lettuce, Tomato Plums Milk	25 Minestrone Soup Crackers Chicken Caesar Salad Dinner Roll Fresh Fruit Milk	26 Tuna Salad On Lettuce Potato Salad Cole Slaw Dinner Roll Fresh Fruit Milk
29 Crispy Chicken & Gravy Brown Rice Carrots Pickled Beets Wheat Bread Fruit Compote Milk	30 <u>EASTER DINNER</u> Baked Ham w\ Pineapple Sweet Potatoes Peas & Onions Caesar Salad Wheat Roll Cookies Milk	31 Cauliflower Soup Pot Roast Red Potatoes Mixed Veggies Crackers Canned Plums Milk	APRIL 1 Meatloaf w\ Spanish Sauce Mashed Potato Squash Squares Salad w\ Cranberries Crackers Fruited Gelatin Milk	2 Baked Fish w\ Lemon Sauce Mashed Potato Green Beans Spinach Salad Wheat Bread Fresh Fruit Milk

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29 Crispy Chicken & Gravy Brown Rice Carrots Pickled Beets Wheat Bread Fruit Compote Milk	30 <u>EASTER DINNER</u> Baked Ham w\ Pineapple Sweet Potatoes Peas & Onions Caesar Salad Wheat Roll Cookies Milk	31 Cauliflower Soup Pot Roast Red Potatoes Mixed Veggies Crackers Canned Plums Milk	APRIL 1 Italian Peasant Soup Meatloaf w\ Spanish Sauce Mashed Potato Squash Squares Crackers Fruited Gelatin Milk	2 Baked Fish w\ Lemon Sauce Mashed Potato Green Beans Spinach Salad Wheat Bread Fresh Fruit Milk
5 Beef Enchilada Casserole Broccoli Green Salad Crackers Canned Pears Milk	6 Chicken Pesto Fettuccine Spinach Mediterranean Salad Wheat Bread Mand. Oranges & Pineapple Milk	7 Roast Turkey w\ Gravy Cranberry Sweet Potato Summer Squash Green Salad Wheat Bread Ice Cream Milk	8 Chicken Tostada Spanish Rice Black Beans Lettuce & Tomatoes Fresh Fruit Milk	9 Chicken Rice Soup Crackers Pepper Steak Mashed Potato Green Beans Baked Apple Milk
12 Swedish Meatballs Noodles Red Cabbage Bean Salad Wheat Bread Canned Plums Milk	13 Chicken Noodle Soup Crackers Baked Fish w\ Spanish Sauce Mashed Potato Fresh Fruit Milk	14 Meat Loaf w\ Gravy Red Potatoes Italian Veggies Salad w\ Cranberries Wheat Bread Fruited Gelatin Milk	15 Moroccan Chicken Brown Rice Spinach Cole Slaw Corn Bread Fruit Compote Milk	16 Celery Soup Crackers Mini Submarine Sandwich Lettuce, Tomato Applesauce Milk
19 Minestrone Soup Roast Beef Baked Potato Carrots Crackers Mand. Oranges & Pineapple Milk	20 Broccoli Soup Pork Burrito <i>OR</i> Crispy Fish Spanish Rice Corn Crackers Fruited Gelatin Milk	21 Chicken Parmesan Spaghetti Cauliflower Spinach Salad Garlic Bread Canned Apricots Milk	22 Baked Tilapia Mashed Potato Green Peas Cole Slaw Wheat Bread Fresh Fruit Milk	23 Hawaiian Chicken Brown Rice Green Beans Carrot Salad Wheat Bread Canned Peaches Milk
26 Italian Meatballs Spaghetti Mixed Veggies Broccoli Slaw French Bread Fresh Fruit Milk	27 Tomato Soup Crackers Polynesian Chicken Salad Dinner Roll Pudding Milk	28 Salisbury Steak Mashed Potato Peas Green Salad Wheat Bread Fruit Cocktail Milk	29 Chicken Jambalaya Brown Rice Broccoli Lentil Salad Wheat Bread Canned Peaches Milk	30 Vegetable Soup Crackers BBQ Pork Sandwich Italian Veggies Canned Plums Milk